

GODTime

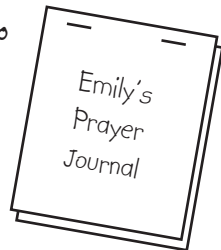
Day 1

Read Philippians 4:6-7

Week 1 05

Prayer is simply talking to God. This verse reminds us that God wants us to talk to Him about everything—good things, bad things, scary things, exciting things, and just plain regular things. When we talk to God every day, it reminds us that He is in control and that He cares for us.

Staple 5 or 6 pieces of paper together to create a book. Write your name and **PRAYER JOURNAL** on the front. Open to the first page and write the words of Philippians 4:6-7.



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TALK to God about everything.

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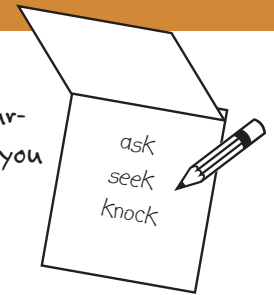
Day 2

Read Matthew 7:7-11

Week 1 05

Is it okay to ask God for things when we pray? Isn't He too busy? Doesn't He have more important things to do? Jesus tells us in these verses to ask, seek, and knock. God loves us and wants to give us good things. And if we don't get an answer to our prayers right away, Jesus tells us to keep praying until we do.

Open your **PRAYER JOURNAL** to the second page and draw a prayer for yourself. It could be a picture of something you need, a situation you need help with, or something you're worried about.



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ASK God to help you see His answer to your prayer.

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Day 4

Read Psalm 4:3

Week 1 05

Does prayer really change things? Does it even make a difference? Believe it or not, the God who made the whole universe just by speaking **HEARS** us when we pray. In fact, God loves you so much that He not only hears you, He also promises to answer when you pray. Now that's pretty amazing.

Write something **BIG** in your **JOURNAL** you need to ask God for. Record the date. Keep it in your Bible till you have an answer from God.



KNOW that God will answer
in His time and in His way.

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Day 3

Read Ephesians 1:15-18

Week 1 05

Do you have a friend who is going through a hard situation? Is someone in your family sick? Did you know that one of the best things you can do is to pray for that friend or family member? Paul did. He prayed for his friends all the time. You won't always be able to fix the situation but you can **ALWAYS** pray for that person.

Interview a family member or friend and ask him or her about something you could pray for. Write his/her request in your **JOURNAL** and commit to praying for that person for the rest of the week.



LISTEN for God to answer your prayer
for your family member or friend.

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